

Are you a first -time swimmer? Are you nervous around water? Did you have a bad experience but want to try again? Come join our group!



TIMES: TUESDAYS AND THURSDAY'S 1:00PM-1:45PM, COST: \$45 AUGUST 2-SEPT 1

Our adult swimming lessons provide a safe and comfortable environment to learn how to swim. Your comfort level is important to us. We help you develop a personalized plan to reach your specific water goals.

> For more information contact: AYR Motor Centre 506 325-4302 POOL.STAFF@TOWN.WOODSTOCK.NB.CA